

The Mission Statement

"AWCA is centered on the love of Christ, and through our work we provide Asian women and their families the resources to become healthy, contributing members of society. We accomplish this through our counseling, education, social services, and homecare program."

Asian Women's Christian Association

AWCA

Publisher: Sunwoo Kim

Editor: Mi Kyung Je

SUMMER | 2017
www.awcanj.org

Vol. 53 9 Genesee Ave., Teaneck, NJ 07666 Tel. 201-862-1665, 1664, 1116 (KFSC), 9111 (HOME CARE) Fax. 201-862-1662 E-mail: info@awcanj.org

Finding Happiness with the AWCA



Mi Kyung Je

"Hello!

This is Finding Happiness with AWCA, with your host Mi Kyung Je, executive director at the AWCA. The AWCA, which celebrates its 37th anniversary this year, will be reaching out to you in the comfort of your own homes through this broadcast every Saturday morning at 7am on K-Radio, AM 1660."

The above was my opening commentary from the first episode of Finding Happiness with AWCA that was broadcast on Saturday, April 1, 2017, at 7am. We have come a long way since then, with the broadcast on air for five months now. Like they say, the start is just the beginning! Through this broadcast, we have been able to share the joy of our 45 volunteers and supporters of the AWCA, and have handled more than 30 real-life social service cases through 'Letters from the Heart' submitted by our listeners. On the corner 'Psychology of Optimism,' experts and professionals from the field spoke on topics such as depression, panic disorder, trauma, and other struggles that we face in life. The 'Happy English' corner teaches simple English phrases that are often overlooked in other English classes.

It was not easy to decide to launch this social services radio broadcast. We were concerned because it would be the first broadcast of its kind by a social services agency, and we worried about whether we would do it well and whether we would be able to pull it off every week. The AWCA board of directors thought long and hard about it together. We unanimously concluded that we would do the broadcast, the biggest reason being that through it, we would be able to bring the AWCA's programs to individuals in our community who had been unable to participate due to time and space constraints, and especially to those who live in isolation and loneliness.



Saturday mornings at seven is such an early time. There may not be many people listening at this hour. Many people were worried about this. But we live in a world where if the food is good, people will go the ends of the earth to try it. The AWCA social services radio broadcast is by definition a one-hour gift set. Featured are stories about life, much-needed information, and advice about how to solve problems and conflicts. This broadcast reaches beyond New York and New Jersey, and we are able to reach out into the Korean and Chinese communities via Kakaotalk and the AWCA website as a global program that people can tune into whenever they wish. We invite you to pursue happiness with AWCA!

AWCA News

October, 2016 - July, 2017

Social Services Radio Broadcast - 'Finding Happiness with AWCA'

The social services radio broadcast, 'Finding Happiness with AWCA,' began on Saturday, April 1 at 7am through K-Radio AM 1660. As the first of its kind hosted by a social services agency, the radio broadcast allows for AWCA programs to reach past its four walls and into the community in the New York/New Jersey area to effectively assist its residents lead happy and healthy lives. For those who were unable to listen to the broadcast, the information is shared via Kakaotalk and the AWCA website. Listeners have shared that the broadcast is a pioneer for the immigrant community.



SAT & ACT Scholarship Class - 18 students graduate

The 2017 AWCA SAT & ACT Scholarship Class was held for four weeks from June 30 to July 28, with students in grades 10 through 12 from families who were experiencing financial hardship. This year, a total of 18 students participated in the program and saw an increase in scores anywhere from 100 to 500 points. The participating students not only improved their scores but also made friends and were able to spend a fruitful summer, reviving their minds that were tired from studying. This program was sponsored in full and made possible by Grace Charity Foundation.



Mi Kyung Je, Executive Director - Danbi TV Interview

Executive director Mi Kyung Je was interviewed on July 14 by Christian station Danbi TV and shared about the AWCA's past 37 years as well as the organization's current activities.



Senior Center - 'Nothing wrong with my age!'

The Asian Senior Centers of AWCA began their respective summer vacations on June 15, 16, and 17. During the spring semester, a total of 333 seniors (Korean, Chinese, and Japanese) registered in the Senior Centers from Monday through Friday, participating in and learning through the many different programs that were offered.

The Korean Senior Center meets Monday through Wednesday, Japanese on Thursday, and Chinese on Friday, and each center begins with a time of worship. The programs for each center is offered in their respective native languages, and the volunteers at each center are also Korean, Japanese, or Chinese, respectively. The AWCA Asian Senior Center is open five days a week, with programs such as praise and worship, English class, computer and smartphone class, art class, singalong, voice lessons, line dancing, chair yoga, and praise dance. The fall semester will be reopen on Aug.14



AWCA Member Sung Rim Receives - Unsung Hero Award from KACF

The Korean American Community Foundation (KACF), in celebration of its 15th anniversary, held a Giving Summit at the NYU Kimmel Center on June 17, 2017, at which an individual was awarded the Unsung Hero award for overcoming difficult circumstances and giving back to the community. Mr. Sung Rim, a member of the AWCA Senior Center, was awarded.



United States Welfare System and Benefits

The AWCA hosted a 5-session seminar about social services and benefits over the course of three months, from April 17 to June 19, 2017. Frank Lee, formerly of Bergen County Senior Services, presented on the social services and benefits provided by the United States government. A total of 380 people attended the seminar.



Family Counseling Center, Englewood Hospital - Happy and Healthy Hearts Concert

On June 17, the AWCA Family Counseling Center held a 'Happy Hearts, Healthy Family' concert at the Englewood Hospital music hall. Many families attended this event that was jointly hosted by AWCA and Englewood Hospital. The music featured a variety of genres, from traditional Korean music to K-pop, and the attendees enjoyed the dance

and song. Sungmin Yoon, director of the Family Counseling Center, along with a musical team presented a drama depicting how a family can go about loving and understanding each other.



Angel School - Learn About Korean Customs

The AWCA Angel School was joined by young volunteers from GCC to learn how to make Korean fans and learn more about and experience Korea's diverse culture.



Open Forum -about Internet Addiction

On May 27, Ingyu Moon and Jinwon Yeo, counselors at the AWCA Family Counseling Center, Dr. Sungmin Yoon, director of the FCC, and Mi Kyung Je, AWCA executive director, participated in a public broadcast in Flushing, NY, about internet addiction. This public forum was broadcast on KBNTV on June 25.



Four Social Services Agencies and Englewood Hospital Host a Mental Health Seminar

A mental health seminar on the topic of 'Sounds from the Heart' was held at Englewood Hospital on May 27, 2017. This event was hosted by Misun Jang of K-Radio, and featured Mi Kyung Je, AWCA executive director, and Sungmin Yoon, director of the AWCA Family Counseling Center, as panel guests. Organizations in the community that are making positive efforts for mental health, such as Esther Ha Foundation, Family Touch, and KCC, were also in attendance.



Annual Bazaar - 'Finding Happiness with AWCA'

On May 17, 2017, the AWCA held its 'Finding Happiness with AWCA' bazaar in the parking lot of its headquarters in Teaneck, NJ. A total of 150 members and neighbors in the community attended this event, which featured handmade dumplings, pickled chayote, and other affordable food, clothing, and jewelry. A total of \$10,000 was raised at this event.



Board Member Heather Choi - Receives the 2017 Ellis Island Award



On May 13, 2017, AWCA board member Heather Choi received the 31th annual Ellis Island Award. This award recognizes immigrants who have sacrificed for the sake of progress in American society. This year, Ms. Choi and six other Korean awardees were recognized among a total of 87 award recipients.

Mothers' Day, "Enjoy Lunch and Fashion with Your Mother"

On May 2, 2017, the AWCA board of directors celebrated Mothers' Day by hosting a fashion show and luncheon at the OCEANAIRE restaurant at Hackensack Riverside Mall. Riverside Mall and AWCA organized this event, at which a total of 70 mothers were in attendance, and all of the funds raised will be used towards AWCA social services.



AWCA Family Counseling Center - Fundraising Fashion Show

On March 2, 2017, the AWCA board of directors hosted a fundraising fashion show to benefit the Family Counseling Center, at Neiman Marcus at the Garden State Plaza Mall in Paramus, NJ. This event, organized jointly with Neiman Marcus, entertained a total of 60 guests and provided support for the Family Counseling Center.



Hwain C. Lee & Dr. William Lee Couple - Recipient of the Volunteer Award

Hwain C. Lee, founder of AWCA, and her husband Dr. William Lee, cardiologist, were awarded the volunteer award from the Blanton Peale Institute & Counseling Center on March 2. The couple has devoted their lives to volunteering and provided continual support for nonprofit organizations.



Silverman with the volunteer award, and Dong Chan Kim, director of Korean American Civic Empowerment (KACE) with the community volunteer award. A total of 350 members of the Asian American and other communities were in attendance, providing support and encouragement to the AWCA to continue working for the benefit of the community.



AWCA Family Counseling Center, Grace Hotline 8th Class of Volunteers

On December 15, 2016, the Family Counseling Center held a graduation ceremony for the 8th class of Grace Hotline volunteers. The six volunteers who completed the training will begin volunteering on January of 2017.



Launch of the Social Services Counseling Center

On February 22, the AWCA launched its Social Services Counseling Center for Asian communities in New Jersey and expanded its social services program. Individuals young and old can come to the AWCA to receive counseling regarding government benefits.

Frank Lee, retired from Bergen County Senior Services, provides supervision and counseling. Four full-time staff of the AWCA, who received social services training and certification at Bergen County, also provide counseling services, which are provided for free to the community.



Volunteer Appreciation Day

On December 21, 2016, the AWCA board of directors held a brunch event for volunteers at the AWCA auditorium in Teaneck, NJ. Appreciation was expressed through a homemade meal to a total of 120 volunteers.



AWCA 36th Annual Dinner

On October 28, 2016, the AWCA held its 36th Annual Dinner at the Pearl River Hilton in New York. With the theme 'Love Restores,' this event featured Dr. Shari Brink, president of the Blanton Peale Institute & Counseling Center, as the keynote speaker, and recognized Grace Hotline volunteers Junam Lee and Cindy Lee, and Chinese Senior Center volunteer Licia

AWCA-Sejong Soloists, Lunar New Year Concert

On January 25, 2017, world renown ensemble 'Sejong Soloists' performed a Lunar New Year concert at the AWCA auditorium in Teaneck, NJ. This concert, sponsored by Samsung, featured violinist Ji In Yang and pianist Audrey Abella of the Sejong Soloists.



Joy Chorus - Recital at Mercy Garden

Joy Chorus of the AWCA Senior Center performed a 40-minute recital for the senior citizens at Mercy Garden located in Norwood, NJ. This event allowed for the members of the Joy Chorus to spend time with the elderly residents of Mercy Garden. The recital was conducted by Gil Ung Yun and accompanied by Eunae Lee on piano.



Mental Health Campaign

Grace Hotline volunteers of the AWCA Family Counseling Center celebrated October as National Depression Prevention Month by hosting a depression and suicide prevention campaign at the H-Mart in Ridgefield, NJ. This campaign featured self-screening measures for depression, seven misconceptions about depression, and seven things one should never say to someone struggling with depression.



Board of Directors Retreat

The AWCA board of directors held its annual retreat in January. This year, Dr. Hoyung Lee, psychiatrist and President of Ajou University, was invited as the lecturer and spoke on the psychology of shame. Through group workshops, the board members were able to discover their personalities and work styles, and learned more about each other to promote mutual understanding.



Free Legal Consultation

The FCC provides free legal consultations every second Tuesday and last Wednesday of each month. Consultations are provided by lawyers Julie Kim (family law, criminal suits), Jina Kang (family law, commercial law, injury), Chris Noh (civil law, immigration law), and Sungjin Lee (traffic accidents). During the first half of 2017, a total of 16 people received free legal counsel through this program.



NEW STAFFS



Ms. Suhyoung Lim, MSW

Ms. Suhyoung Lim started working at the AWCA as a social worker on October 1. She is working to care for elders, youths and adults who need help at the Asian Senior Center, Social Welfare Counseling Center, and Angel Adoption Korean School.



Ingyu Moon, LSW, PhD Candidate

Mr. Ingyu Moon started working at the FCC as a clinical social worker in October of 2016. He provides mental health counseling and seminars with various topics, and participates in open forums to discuss major topics. Mr. Ingyu Moon is a licensed social worker in NY and NJ. His specialty is to counsel the youth and their families. Mr. Moon received his master's degree from Washington University in St. Louis, and is a Ph.D candidate at the Simmons College School of Social Work.



Jinwon Yeo, LAC

Ms. Jinwon Yeo is a Licensed Associate Counselor in the State of New Jersey. Ms. Yeo provides mental health counseling with various approaches (i.e., CBT, DBT, and psychodynamic therapy). She also conducts parenting groups and provides training for Grace Hotline volunteers. Ms. Yeo joined the FCC in November 2016. She obtained her M.A. in Professional

Counseling at Liberty University, M.A. in Counseling Psychology at Yonsei University, and Bachelor's degree in Psychology at Yonsei University.



Sun Kim, LSW

Ms. Kim is a Licensed Social Worker at the FCC, as well as a teacher at Fort Lee High School. She has been working with mostly school aged children and adolescents who have ADHD, conduct disorder, anxiety, and depression. She began working with the FCC since November 2016. Ms. Kim obtained her master's degree in social work at Rutgers University and M.A. in English Education at Hunter College.



Dr. Hoyoung Lee, M.D.

Dr. Ho Young Lee is an American Board-Certified Psychiatrist and Professor of Psychiatry with a distinguished professional career. He is an eminent psychotherapist and supervisor. He has been involved in community based mental health services for last 35 years here in America as well as in Korea. It is a great asset for the FCC since he joined as a psychiatric consultant since May 2017. He provides individual counseling services for various mental health problems, also initiating various mental health promotion programs at the FCC.

AWCA'S FOCUS

Bergen Volunteer Center

The Chore Service at the Bergen Volunteer Center provides minor home repairs for Bergen County residents who are senior citizens age 60+ or physically disabled adults age 18+ for no cost other than for the materials used in the repairs. All works is done by retired volunteers who have picked up home repair skills from owning their own homes. Typical repairs include safety related repairs (e.g. grab bar and railing installations), minor plumbing (e.g. repairing leaky faucets/toilets), and minor electrical work (e.g. replacing faulty outlets/switches).

Call the Chore office at (201)489-7790 (English) or (201)489-9456 (Korean).

A Happy Volunteer

With good self-care, living to be 100 is so possible that the phrase, "Life begins at 60" is already obsolete. Most people retire at the age of 65, but as long as their health allows it, many people continue to work past 70. At the AWCA, there are over 120 volunteers, including the AWCA board of directors, who are passionate about doing good for the community. Volunteers are the strength, pride, and treasure of the AWCA. Amongst these volunteers, there is one individual who does so with passion and zeal. "I must give back all of my knowledge and experience to the community. If I can help even just one person, I must do so even if it is difficult. As long as my health allows it..." And it is not just this one person! The AWCA would like to express our sincerest gratitude to this individual who showed us what the heart and mind of a true volunteer looks like, and to all of our wonderful volunteers.

Family Counseling Center

1. Mental Health Workshop

In the second half of 2016, the Family Counseling Center of AWCA held three mental health workshops: "Dementia & Depression" with Dr. Dongsoo Kim, Clinical Neuropsychologist, "Child's Mentality & Depression" with Dr. Kuemjoo Kwan, Professor of Seoul National University in Korea, and "Shame in Psychology" with Dr. Hoyoung Lee, Psychiatrist, former President of Ajou University in Korea. A total of over 250 participants attended those workshops.

During the first half of 2017, the Family Counseling Center of AWCA held three mental health workshops: "Coming to Terms with Fear & Anxiety" with Dr. Hoyoung Lee, Psychiatrist, and "Self-Esteem" with the FCC Counselor Ingyu Moon, LSW, PhD Candidate, and "Internet Addiction: Is Your Child Safe from Internet Addiction?" with Dr. Sungmin Yoon, DSW, LCSW. A total of 85 participants attended these workshops, which were sponsored by NY Nanum Foundation and Andrew & Barbara Choi Foundation.

2. A Seminar for KPAC (Korean Parents Association in Fort Lee High School)

On April 28th, Counselor Ingyu Moon, Shinae Kim, Jinwon Yeo, and intern Sungeui Yoon presented a seminar, "The Optimistic Child" to the parents whose children are attending Fort Lee High School. A total of 25 parents participated. They received a brief individual analysis consultation service after "children's attributional style questionnaire" and "Self-Esteem Test."

3. Psychological Testing

Students over the age of 14 can learn about their personalities and career aptitude through tests provided by the FCC. The Career Aptitude Test (STRONG) can help guide students' future career and majors in college, and the MBTI reveals how students can develop and maintain healthy relationships. The FCC provides these tests as well as follow-up analysis and consultation regarding the test results.

4. Documents for Court Orders

The FCC provides court-ordered education programs for drug addiction, alcohol addiction, anger management, and more, as well as letters and documents verifying the completion of these classes.

* This letter was written by a client of the Family Counseling Center who received individual counseling and attended Parenting Classes and seminars. Additionally, the client participated in the seminar "US Welfare System and Social Service Benefits" and received free consultation about social services. The client wrote this letter in reflection of how much the whole family became happy about the results of overall services through the FCC of AWCA.



Client's Letter:

It wasn't easy for me to knock on the door of the Family Counseling Center (FCC), but I did it for my child's benefit. My college graduate son's inactivity and depression pushed me to search for help. Instead of pushing him to go out, I myself sought out the FCC to help my son. In fact, I couldn't bear my emotional and psychological burden due to his depression. Finally, I asked the FCC of AWCA to help my son while thinking, "I have no problem and I am doing well for myself."

Upon meeting with the counselor at the FCC of AWCA, I realized that I have been piling up many distorted thoughts, unuttered weaknesses, and emotional suppression onto myself. While completing the courses of learning how to deal with my anger, depression, and anxiety, I have been told that I became brighter in my facial expression and behaviors. In response to my cheerful actions, I noticed my family seemed to be encouraged by my verbal and non-verbal expressions. This reflected the counseling was effective in helping me work through my feelings and behaviors.

With a great deal of effort made by the counselor, I also invested my time, money, and energy into my individual therapy sessions. I joined the parenting classes to evaluate my perfectionism and personality in relational perspective.

My entire family has acknowledged the changes in my attitude, behavior, and even facial expressions, and my husband cheered me up saying, "Gosh, you, counseling again today?" I know he was happy about my improvement, and its influence on my children's heart. My other family members were inspired by how pleasant I became. In fact, one of my relatives received social service counseling by AWCA and was finally approved to be a beneficiary by the government social service plan.

Now I can prove myself improved in every aspect by getting responses from my family and others, "You look happy!" "Your smile makes me happy!" I would like to express how grateful I am that I have learned to refresh myself, to rebuild relationships with my family and friends, and above all, I acknowledge myself who I am and what I am doing, and I am able to understand others in their points of view. Now I am more familiar with counseling services which seemed very strange in the beginning. I hope more people come and receive counseling services in the FCC of AWCA.

Mental Health Programs & Events for the Second Half of 2017

1. Parenting Class

1) "Bouncing Forward: Boosting Resilience and Reducing Stress"

This group will learn how to increase their capacity to recover quickly from hardship and how to manage their stress through the sessions.

- Date/Time: Wed, July 26-Aug. 16, 2017, 10 am - 12 pm (4 weeks)
- Instructor: Jinwon Yeo, LAC
- Limited to 6 participants (first come, first serve)
- Location: AWCA 2nd Floor
- Fee: \$20 per session (\$70 in full payment)

2) "Multiple Family Group Therapy"

This program is an evidence-informed program for families who have children with behavioral difficulties. This group treatment was developed by New York University to help improve family communication, family relationships, and satisfaction with services.

- Date/Time: Mon, Aug. 14th, 21st and 28th at 7 pm - 8 pm
- Instructor: Ingyu Moon, LSW, PhD Candidate
- Location: AWCA 2nd Floor
- Fee: \$20 per family per session
- For: Families with children aged 7 - 14 years old

3) "Healthy Family · Happy Child: Make It Through the Perfectionism"

This group learns how to change the point of view and how to improve communication skills between parents and their children. The participants will test the parenting style and the tendency of perfectionism in educating their children at home. It helps parents to identify their own perfectionistic character and to apply it to developing good relationships in the family.

- Date/Time : Thur., Sep. 21-Oct. 12, 2017, 10AM-12PM (4 weeks)
- Instructor: Jinwon Yeo, LAC
- Limited to 6 participants (first come, first serve)
- Location: AWCA 2nd Floor
- Fee: \$20 per session (\$70 in full payment)

4) "Finding Myself in Relationships"

This parenting class teaches each parent to understand themselves, and why and how they behave in a particular way, and helps them apply the discovery of their personalities to the relationships and how they react. Eventually they will learn their own ways to build trust with others and establish balanced relationships with others. This group uses MBTI metrics.

- Date/Time: Mon, Oct. 23-Nov. 13, 2017, 10am-12pm (4 weeks)
- Instructor: Jinwon Yeo, LAC
- Limited to 8 participants (first come, first serve)
- Location: AWCA 2nd Floor
- Fee: \$20 per session (\$70 in full payment)

5) "Becoming a Better Parent"

In this class, parents will learn how to see the world through their child's perspective and how to communicate with their children according to the child's conversational method. Furthermore, parents will learn how to resolve conflicts between children, between parent and child, and amongst the family, and proper disciplining techniques.

- Date/Time: Mon, Sep. 11 - Oct. 2, 2017(4 weeks)
- Instructor: Tracy Chung, LSW
- Limited to 6 participants (first come, first serve)
- Location: AWCA 2nd Floor
- Fee: \$20 per session (\$70 in full payment)

2. Psychological Testing

- MBTI, personality testing
- STRONG (age of 14-18), career aptitude testing
- Other psychological tests and parenting type tests

3. 3rd Annual Depression Awareness Month Campaign

- Date/Time: Sat, Oct. 7th, 2017 at 10am-2pm
- Location: H Mart in Ridgefield, NJ
- Participants: Hotline Volunteers

4. The 9th Grace Hotline Volunteer Training

- Date/Time: Thur, Nov. 2nd, 2017 (A total of 6 weeks)
- Volunteers respond to calls made to the Grace Hotline once a month
- Benefits: The President's Volunteer Service Award for those who work over 100 hours in a year
- Please submit your application form no later than October 31st, 2017

Please direct all mental health related inquires and counseling/seminar requests to:

 **877.862.1116**
201.862.1116

Monday through Friday, 9am to midnight

- Trained Grace Hotline volunteers are on call from 5pm to midnight
- All calls are strictly confidential

Home Care

Home Health Aide Training

The 49th CHHA training was held over the course of two weeks from March 6 to March 17. A total of 16 individuals participated in this training and passed their certification exams, and are currently caring for patients in their communities.

The 50th CHHA training was held from June 12 to June 23. A total of 7 individuals completed the 76-hour training course that included theory and practicums, and are currently waiting to receive their licences from the state government.



We Welcome a New Member of the Family



On May 5, Grace Kim joined the AWCA Home Care team as a nurse. She received her nursing degree from Rutgers University and works at Newark Beth Israel Medical Center, and will be working part time at AWCA Home Care.

Schedule for the Second Half of 2017

A competency class will be held from August 1 to August 4. This annual class will include a practicum using the medical equipment that is used with patients on site, and allow students to use the equipment on a daily basis.

The 51st CHHA training will be held for two weeks from October 9 to October 20. It will be held from Monday through Friday, from 9am to 5pm. This 76-hour training will cover all of the topics required by the state, and will be conducted in Korean. On the last day, a 50-question exam will be held. Please inquire for more information.

www.awcanj.org

We provide care with a family mind

- ▶ We provide care to elderly patients who are chronically ill.
- ▶ We provide care to patients who are discharged from hospital after surgeries.
- ▶ We provide care to disabled persons who need assistance with carrying out daily routine.

We provide free social welfare consultation service.
Medicaid patients receive free PCA service.



AWCA Home Care

9 Genesee Avenue, Teaneck, NJ 07666
Tel. **201-862-9111** Fax. **201-862-0005**



The Center for Korean Health and Wellness at Englewood Hospital and Medical Center and the Asian Women’s Christian Association organized a community event in June focused on behavioral health awareness. The Happy Mind, Healthy Family Concert was held at the hospital and featured well-known Korean musicians and performers including Jini Yoo from the hit TV show Kpop Star. Following the concert, actors and actresses performed short plays highlighting family, marriage and parenting issues facing Korean American families.

“Englewood Hospital and Medical Center is proud to partner with the AWCA to help reduce the stigma of mental health issues facing many families,” said Alicia Park who oversees The Center for Korean Health and Wellness. “We hope that creating entertaining and interactive events like this program will help families who need support and education.”

“We are very thankful for our community partners, such as Englewood Hospital and Medical Center, for helping us bring important information and resources to the community,” said Mi Kyung Je, Executive Director of the Asian Women’s Christian Association, “Seeing the community so engaged in programs like this is very reassuring that we can, and will, make a difference.”



ENGLEWOOD
HOSPITAL AND MEDICAL CENTER

The Center for Korean
Health and Wellness
잉글우드병원 한인건강센터

한인 전용 상담 전화 201-608-2341

englewoodhealth.org

UPCOMING EVENTS

AWCA 2017
Dinner & Dance



AWCA 37th Anniversary Annual Gala



Date/Time : **Friday, October 27, 2017 at 6:30pm**

Location : **Pearl River Hilton**

500 Veterans Memorial Drive, Pearl River, NY

Keynote Speaker : **Kyung B. Yoon, Executive Director**
Korean American Community Foundation

Family Counseling Center

Open : Mon. through Fri. (9am - 5pm)

Inquiries : (201) 862-1116

Location : AWCA 2nd Floor

Social Services

Monday through Friday, 10am - 4pm

Inquiries : (201) 862-1665

Location : AWCA 1st Floor

Asian Senior Center Fall Semester

Korean : Monday, August 14, 9:30am

Japanese : Thursday, August 17, 9:30am

Chinese : Friday, August 18, 9:30am

Location : AWCA 1st Floor

Home Care Agency

Open Monday through Friday, 9am - 5pm

Inquiries : (201) 862-9111 (Korean)

(201) 862-0006 (Chinese)

Location: AWCA 2nd Floor

Kihwa Scholarship Award Ceremony

August 24, 11am

Location : AWCA 1st Floor

Bergen County Senior Picnic Day

September 13, 10am

Van Saun County Park, Paramus

Angel School Fall Semester

Saturday, September 16, 10am

Location : AWCA 1st Floor

AWCA Board Members

Chair

Okwhan Kim

President

Sunwoo Kim

Vice President

Susan Kwan

Board Members

Hwain C. Lee, Yoon Hee Kim, Kathy Lee Chong, Mia Youn, Anne H. Lee, Heather Choi, Soo Jung Kim, Julie L. Kim, Connie Kim, Youjin Chung, Dong Ryung Kang, Myung Hee Chang, Julie F. Dines, EnrahBaik, Sookang Lee

Executive Director

Mi Kyung Je

The AWCA is a 501(c)(3) not-for-profit organization. All operations are funded by contributions and donations. All donations are tax-deductible.



Asian Women's Christian Association
9 Genesee Avenue, Teaneck, NJ 07666

