


# Asian Women's Christian Association 2020





Love in Action





May your heart and home be filled  
with joy and Jesus' Love!  
Wishing you hope, peace, and health  
into the New Year.



With Love, The AWCA Family









































































































































































































































































































































































# Celebrating 40 Years of Women's Leadership with Love in Action

## Who We Are

AWCA was founded in 1980 as a “Housewives Club” in Franklin Lakes, NJ by women of Christian faith. In 1983, it became the Lily Club of the YWCA based in Montclair, NJ. By June of 1987, the organization grew to 32 members and was renamed the New Jersey Korean YWCA. YWCA was born out of a sincere desire shared by a group of Korean immigrant women to contribute to the improvement of their newfound community.

In July 2000, the New Jersey Korean YWCA changed its name to Asian Women's Christian Association, and it was incorporated as a 501(c) 3 nonprofit organization to reflect the broadening of its philanthropic activities to the local community in the tristate area.

To date, the Asian Women's Christian Association (AWCA) is a 501(c) (3) nonprofit social service agency located in Teaneck, NJ. This year, AWCA celebrates its 40th year of service to the community according to its mission statement:

AWCA (Asian Women's Christian Association), centered on the love of Christ, provides families with the resources to become healthy, contributing members of society through education, social, and homecare services.

AWCA는 그리스도의 사랑을 중심으로 교육, 사회복지 및 홈케어 서비스를 제공하여 모든 가정이 건강하고 사회에 기여하는 구성원이 되도록 돕는 것을 목적으로 한다.

AWCA 亞洲婦女基督徒協會是一個以基督的愛為中心，向有需要的人提供信息和幫助，藉著教育，社會和家庭護理使之成為健康，有供獻的社會成員。

AWCA(Asian Women's Christian Association) はキリストの愛を中心として皆さまの家庭が健全な社会の一員となるよう、教育、ソーシャルサービス、ホームケアなどの活動を行なっています。

The team at AWCA consists of board members, staff, and volunteers who are dedicated to serving the community with the love of Christ, and the work that we achieve is made possible through donations, support and contributions by sponsors who believe in our mission.



# Greeting



**Julie F. Dines**



**Mi Kyung (Jasmine) Je**

Hello Friends, Family, and supporters of AWCA!

Holiday Greetings to you and your families from all of us at AWCA! We hope you are well and staying healthy during this unprecedented Covid-19 pandemic. What a year 2020 has been!

2020 has been a difficult and challenging year for many to say the least! The various programs at AWCA had to suspend its efforts during the pandemic. Due to this closure, many of our senior members have been unable to participate in the programs where they found joy, friends, new learning activities, and a sense of belonging. The staff at AWCA continues to be in regular contact with our senior population. Through Bergen County's efforts and sponsorship, AWCA has been packing and delivering hot weekly lunches to our seniors. It is wonderful to see their faces and appreciation when we personally deliver these lunches. They are anxiously awaiting AWCA's doors to open for them once again.

In addition to the weekly lunch deliveries, AWCA completed over 600 Angel Food Baskets filled with essential edible items such as rice, noodles, canned & frozen goods, and Covid-19 related materials such as masks & hand sanitizers. Many volunteers assisted and delivered these baskets to a community in need during the early months of the pandemic. We are deeply grateful for the generous donations of food and funds from so many of our supporters to complete this effort!

2020 also marked the big year of the Census! Because of the many volunteers and outreach efforts around the Bergen County area, AWCA was instrumental in facilitating an accounting of 99.9% census completion rate in our community! This was an incredible feat in the midst of the Covid-19 pandemic!! Thank you so much to all the volunteers who lead our efforts!

As more and more individuals have had to stay home during this pandemic, we realized we needed a different platform to reach our community. With the previous media and TV journalism experience of our President, Mi Kyung Je, we were able to build upon her expertise by creating and

launching our very own channel called "AWCA Life" on YouTube. We created and uploaded various videos to help our members receive valuable information on social services, Medicare and other pertinent health benefits related questions. We also have fun and entertaining videos for yoga, exercise, and line dancing enthusiasts. Stemming from our event last year at Englewood Health, "Backstage with Her Stories", we created a segment called "Her Stories." On this segment, you will see videos of the women who have come to work, volunteer, shape and lead AWCA into the future. We invite you to go to [www.youtube.com](http://www.youtube.com) and view the various videos and encourage you to subscribe to the "AWCA Life" channel.

2020 marks the 40th anniversary of AWCA! We are thankful for the forethought and vision of our founders who created AWCA so long ago. Their outlook has paved the way for women's leadership! AWCA's mission to serve the community centered on Christ's love is paramount to enriching and assisting our neighbors to become healthy and contributing members of society. As we noted above, our mission did not waiver and did not change even when our doors had to close for safety reasons. We continued to serve those in desperate need. We endeavor to live up to our gala theme, "Love In Action," every day of the year, with every activity. Because of Covid-19, AWCA was unable to hold our annual fall gala this year. We are hoping and anticipating a "life back to normal" next year when we will be able to celebrate the belated 40th anniversary of AWCA with each of you in the fall at our 2021 gala! Please stay tuned!

The enclosed annual booklet, similar to the journal book you would have received at our gala, will provide an overview of the year-to-date financial information and the day-to-day activities of AWCA's work throughout the year. Again, we are deeply moved and grateful for your continuous support of AWCA with various merchandise, volunteerism, financial donations, and prayer so we could be Light, a much needed resource to our community, and spread God's love. Please continue to keep us in your prayers!

Merry Christmas and Happy Holidays to you and your families! Please stay well and healthy! We look forward to a healthy 2021 with a new and fresh outlook anticipating what God will deliver to us!

Warm regards,



**Julie F. Dines**  
Board Chair, AWCA



**Mi Kyung (Jasmine) Je**  
President, AWCA



# Board of Directors

**Julie F. Dines**, Chair  
**Peggy Park**, Secretary  
**Youjin Chung**, Treasurer

**Mia Youn**  
**Heather Choi**  
**Sunwoo Kim**  
**Susan Kwan**  
**Dong Ryung Kang**  
**Julie L. Kim**  
**Na-Young Baek**  
**Kimberly Solomon**  
**Jennifer Chiu**  
**Hwain C. Lee**, Founder  
**Ok Whan Kim**, Co-Founder  
**Yoon Hee Kim**, Board Emerita



## Administration & Operating

President	Jasmine (Mi Kyung) Je
Social Service Director	Suhyoung Lim, MSW
Social Service Counselor & Accountant	Daniel Chung
Senior Center Director	Rev. Crane Kim, PhD
Chinese	Rebecca Geng
Japanese	Irene O. Fan
Communication Coordinator	Sylvia Jang
Driver	Gary Chang
Kitchen Aide (Easter Seals Intern)	Young Sok Seo
Clinical Consultant	Ho Young Lee, MD
Social Service Consultant	Frank Lee

## Home Care Agency

Chief Executive Officer	Myung Sook Han, MPA
Manager	Wendy Fang, M.Div.
HR Specialist	Min Li, MS
Coordinator (Korean)	Jaye Park
Coordinator (Chinese)	
Computer Consultant	John Bahk
Account & Claim Specialist	Kay Lee
Director of Nursing	Sangbum Kim, RN, MS
Visiting Nurse	Joyce Koh, RN
	Grace Kim, RN
	Rebecca Lin, RN
Training Program Instructor	Soo-on Lee, RN

## Off Site

Accounting Consultant	KL CPA & Associates LLC
Joy Senior Chorus Conductor	Gil Ung Yun
Accompanist	Kyung Hea Lee

## Certified Home Health Aides(CHHAS)

Bae, Kyong Sook	Kim, Heather	Oh, Chris
Baek, Jienny	Kim, Ok Bun	Oh, Michelle
Bahk, Joohee	Kim, Kyoung Suk	Oh, Eun Jeung
Baik, Soon Hee	Kim, Jin Young	Ong, Erlinda C.
Bong, Sue Kyung	Kim, Hye Ja	Paek, Hyang Suk
Chai, Kap Chom	Kim, Agnes	Pan, Jian Gang
Chen, Ganli	Kim, Maria	Park, Ae Hyun
Cho, Kyong Hee	Kim, Sun Ok	Park, Young Mee
Choe, Su Yeong	Kim, Hyon Kyong	Park, Saesook
Choi, Hyo Son	Kim, Sophia (2)	Park, Myung Ja
Choi, Sung Ai	Kim, Myung Ae	Park, Joon Cheul
Choi, Hyesook (Helen)	Kim, Jin Rang	Park, Youn Ha
Choi, Insun	Kim, Haesook	Park, Ji Sun
Choi, Mi Ran	Kim, Myung Hae	Parkyoon, Jung Ja
Choi, JinSug	Kim, Agnes H	Shin, Ran Young
Choi, Hyun Suk	Kim, Jin Gi	Sin, Cheonhyang
Chong, Chonghye	Kim, Hye Seung	Son, Jung Sook
Chun, Mi Hwa	Kim, Seong Yong	Song, Shin Won
Chun, Linda Hae Rhee	Kim, Mi Kyung	Song-Kim, Jisoo
Chung, In Sook	Kim, Ji Yeon	Sung, Joong Koo
Chung, Kyung Min	Kim-Choi, EunJoo	Sung, Duho
Dong, Mei Zhen	Ko, Young Sok	Sung, Ji Un
Du, Li	Kwak, Jin Sung	Sung, Angela Chan
Feng, Meili	Kwon, Eun Ock	Tsang, Fanbill Roger
Gang, Haeseon	Lam, Wendy	Wang, Xin Sheng
Gong, Lili	Lee, Wai Ching	Wang, Helian
Haga, Keiko	Lee, Ah Kyong	Wang, Lan Qing
Hao, Wu Chien	Lee, Sang Mi	Wang, Jung Yun
Ho, Chi M	Lee, Eun Sook	Wen, Zhaoqing
Ho-Jany, Su Hsiang	Lee, Ju Youn	Won, Kai (Jonghwa)
Hong, Misook J	Lee, Myungog	Wong, Chuen Hi
Huang, Yen Hsiang	Lee, JeongSuk	Wong-Regan, Nyok
Huang, Minchu H.	Lee, Julie Youngna	Wu, Wan Yi
Huang, Xiaouu	Lee, Eun Hee 2	Xu, Aijuan
Hwang, Mi Chung	Lee, Hyo Soon	Xue, Xia Feng
Inoue, Sammi	Lee, Sung Ho	Yang, CheongGeum
Jang, Young Mi	Lee, Hyun Joo	Yip, Wai Ying
Jee, Hee	Lee, Somin	Yook, Moon Rim
Jia, Min	Lee, Myung Ok	Yoon, Bong Ahe
Jin, Fengqin	Lee, Hyunhee	YoonLee, Keum Hi
Jo, Clara Jum Duck	Lee (Park), Yong Sook	You, Young Hee
Jung, Soon E	Lee Phuah, Irene	Yu, Xianghong
Jung, In Duk	Lim, Hee Kyung	Yun, Nae Soon
Jung, Myung Sook	Lim, Eunice Ae Kyong	Yun, Kye Hee
Kang, MoonHui	Liou, Bao-Jiun	Zhang, Chun Hua
Kang, Ja Hyun	Long, Jessie	Zhang, Lili Z
Kang, Mary	Lu, Qing	Zhang, Fenghua
Kang, Tae Koo	Ma, Soon Sim	Zhang(Chen), Angela (Yong Hua)
Kim, Sonia (Sung Hae)	Ma, Kuk Fung	Zhou, Wei
Kim, Hae Kyong	Min, HyunJu	Zhou, Chengjie
Kim, In Sook	Mo, Angela Y.	Zhu, Renlan
Kim, Young Hee	Moon, Lee-Yao	Zhu, Jingjuan
Kim, Kyoung Ji	Mou, Young Hi	
	Nakagawa, Hiroko	





# Volunteers



High School Students-Cleaning Service

## Korean Senior Center

Rev. Dong K. Kim  
 Rev. Haesung J. Kim  
 Rev. Hyung Joon Kim  
 Rev. In Gap Park  
 Rev. Jae Won Cho  
 Rev. Jim Om  
 Rev. Jong Yoon Kim  
 Rev. Joshua S. Park  
 Rev. Jung Ok Hwang  
 Rev. Keun Jae Park  
 Rev. Paul C. Chung  
 Rev. Paul Hong  
 Rev. Sun Ju  
 Rev. Tae Soon Chung  
 Rev. Young Min Jung  
 Ann Choon Lim  
 Chris Lee  
 Connie Lee(A)  
 Connie Lee(B)  
 Daewoo Pak  
 Elizabeth Kim

Hannah Lee  
 Helen Lee  
 Joan Lee  
 Jung Bae Park  
 Kibong Choi  
 Kwang Ae Ko  
 Kyung Sook Woo  
 Sally Koh  
 Seung Hee Moon  
 Steve Kang  
 Sunwoo Kim  
 Young Mee Kim

## Japanese Senior Center

Rev. Katsunori Nakajima  
 Rev. Manabu Nishikori  
 Atsumi Kitagawa  
 Hitomi Nakajima  
 Ikuyo Hamada  
 Irene Fan  
 Moon Soo Kim  
 Nancy Reilly

## Chinese Senior Center

Rev. David Peng  
 Jennifer Wang  
 Kaidee Tsai  
 Licia Silverman  
 Rebecca Geng  
 Roger Silverman  
 Yilan Hsu

## Social Welfare Radio Broadcast

Frank Lee  
 Dr. Ed Kwan, MD

## Legal Consultation

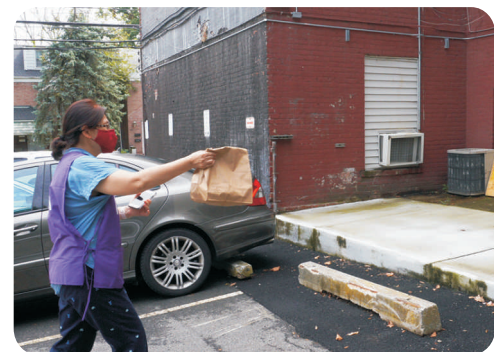
Will Kang, Esq



Lunch Packing



Lunch Packing



Lunch Delivery



Lunch Packing



Making Masks



Free Flu Shot



**Census Volunteer**

Cindy Rhee  
Elizabeth Kim  
Grace O. Yoon  
In Ok Lee  
Irene Fan  
Jena Jeon  
Jennifer Wang  
Jong Sook Lee  
Ju Nam Lee  
Katherine Kang  
Kyung Ju Choi  
Mia Youn

**Lunch Packing & Delivery**

Cindy Rhee  
Eunhee Lee  
Grace Young Kim  
Hannah Cho  
Helen Bang  
Irene Fan

Jennifer Wang  
Julie Dines  
Kimberly Solomon  
Mia Youn  
Susan Kwan  
Youjin Chung

**Angel Basket Delivery**

Brian Chu  
Ellie Chung  
Irene Fan  
Jennifer Wang  
Jim Kwon  
Julie Dines  
Lauren Dines  
Peggy Park  
Rebecca Geng  
Rita Kwon  
Steven Park  
Stephanie Jang  
Youjin Chung

**Cleaning Service**

Oliver Sohn  
Philip Cho

**Special Events**

Carolyn Woo  
Dong Kyu Kim  
Ellie Chung  
Eunjoo Choi  
Jason He  
Kedric Dines  
Philip Cho



Angel Baskets Delivery



Angel Food Baskets Delivery



2020 Census Outreach



Angel Food Baskets Packing



Angel Food Baskets



Angel Food Baskets Packing



Angel Food Baskets Delivery



2020 Census Outreach

# What We Have Done During Covid-19 Pandemic



## Jan 2020

- First confirmed patient in China
- Airing Covid-19 updated news via Happiness with AWCA (Radio AM 1660)

## February

- Started the campaign of Covid-19 precautions
- First confirmed patient in USA



## March

- AWCA Center Closed
- All Staff Work from Home & Operation HOT line for help emergency situations
- Cont. Updates on Covid-19 & Census on corresponding tools
- NJ Executive Order 107 (Stay at Home)
- 5 Min-Prayer Movement & Covid-19 Relief Angel Food Basket Preparation



## April & May

- NJ 1st Covid-19 Relief Angel Food Baskets Delivery (387 baskets)
- Free Online Live Lessons for Youth with Prestige Institute
- Enhanced Social Service related to Covid-19 (UI, Stimulus Check)
- Covid-19 Relief Angel Basket Fund Raising Event with GiveinMay



## June

- 2020 Summer SAT & ACT Scholarship Class (ONLINE)
- Back to Office Work
- 2nd Angel Food Baskets Delivery (101 Baskets)

## July & August

- Mobile Social & Census Outreach Kiosk in Ridgefield, Palisades Park, Cliffside Park, Edgewater, Englewood



## September

- Launched AWCA LIFE (Youtube Social Welfare Broadcast Channel)
- 2020 Senior Center Fall Semester Open (ONLINE)
- Bergen County Senior Lunch delivery (Weds. Koreans; Thurs. Chinese & Japanese)
- Free Drive Thru Flu Shot Clinic with Englewood Health Dept. (510 Participants)
- 3rd Angel Baskets Delivery (105 baskets)





### October

- Cont. updates on the Regional Community Mobile Covid-19 Testing Sites
- Cont. updates on Covid-19 in all media tools (AWCA LIFE Social Welfare News program)
- 2020 Census Closing Ceremony

### November

- Preparing the 4th Angel Food Basket

### Angel Food Baskets:

AWCA prepared and delivered Covid-19 Relief Angel Food Baskets for people in need affected by the quarantine due to Covid-19. This might be the first response to the food relief drive for the Covid-19 pandemic in New Jersey. This ministry was made possible by gifts from various individual donors, public organizations - such as KACF, KAAG, 21 Hope Foundation, etc. - and volunteers for delivery.

- Contents: Food (Rice, Ramens, Dumplings, gift cards), sanitizers, masks, census-promoting items, etc.

1st (April 3 - May 20) sponsored by Individual Donors & Organizations (387 baskets)

2nd (June 29) Oversea Koreans Foundation (101 baskets)

3rd (September 30) (105 baskets)

4th (Early December) (100 baskets)

Total: 692 Baskets

### Covid-19 Updates (Since Feb. to present):

From last February to present, we have continually updated and announced on Covid-19: the symptoms of Covid-19, current case status, test sites, changes in social welfare services related to Covid-19, and New Jersey Governor's Orders through Radio broadcasting program (Happiness with AWCA), our homepage, SNS (Kakaotalk, Wechat, Line, Twitter, Facebook), AWCA LIFE, Email Blasts, etc.

### Online Live Lesson with Prestige Institute for Overcoming Covid-19

- School Subject Live Online Class by Lecturers & High School Volunteers
- For Middle & High schoolers
- From April 6 - Present



# Social Service

The AWCA Social Service Program is designed to introduce the various social welfare systems and programs offered by the US government and to inform and assist people according to their individual circumstances. The purpose of this program is to promote the well-being of individuals living in the United States and support them with access to resources to live as healthy, contributing, self-sufficient members of the community and society.

This welfare service is a free, public program that aims to provide a wide range of information about social services and benefits within the United States. Currently, AWCA has ten certified counselors (Korean, Japanese, and Chinese) including one supervisor. AWCA's services are open to anyone by walk-in, appointment, and phone in their native languages. Social Welfare Service Seminars and continuing education on Outreach Volunteers are offered four times a year.

Due to the COVID-19 pandemic, the state government of New Jersey issued an official order for all businesses



Social Service Counseling

to close temporarily in March. During this time, AWCA employees began working from home and started an online-only COVID-19 Helpline, operating from 9AM to 12AM, Monday through Friday. Through social networking platforms such as the Korean app (Kakao), Chinese app (WeChat) and Japanese app (Line), AWCA members provided coronavirus related news updates as well as social welfare counseling services in each respective language. This year, AWCA helped with almost double the information assistance cases compared to this same period last year.

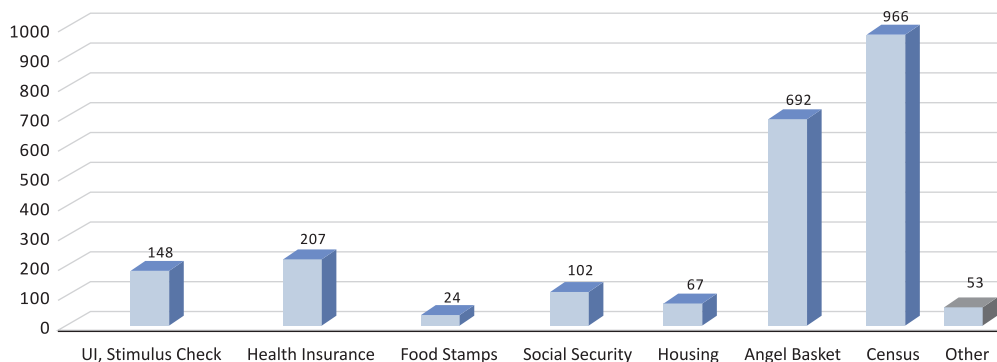
In addition, free legal consultation is offered twice a month (2nd and 4th Tuesdays) for low-income families in New Jersey who urgently need legal services. This consultation is provided by Lawyer Will Kang, ESQ.

## Free Social Services: Information & Assistance, Counseling & Referral

- **Financial:** SSA, SSI, Disability, TANF, GA, Unemployment
  - **Health:** Medicare, Medicaid, NJ Family Care, Charity Care, Marketplace
  - **Housing:** Senior, Affordable, Shelter
  - **Nutrition:** SNAP (Food Stamps), Food Banks, WIC
  - **Prescription:** PAAD, Senior Gold, Prescription Assistance Program
  - **Translation:** Interpreting, Translation
- 
- **By Phone:** **Mon. through Fri., 9am - 5pm**
  - **In Office:** **By appointment only**
  - **Contact:** **(201) 862-1665**

This program is operated by Bergen County Division of Senior Service and KACF's Grants.

### SSIA Caseload by Topic Year 2020 (Jan to Oct)





# 2020 SAT & ACT Scholarship Class Opening - Online Intensive Course

Again this year, with a generous donation sponsored by the Grace Charity Foundation, AWCA partnered with Prestige Institute to offer online SAT & ACT scholarship classes. The 2020 SAT & ACT Scholarship Class ran from July 6 to August 14 as a six week, 120 hour intensive online course in response to COVID-19. Zoom classes began at 9:00 AM until 2:30 PM, Monday through Friday, covering reading, writing, math and science lessons, practice tests on alternating days and follow-up review and discussion.

AWCA offered a full scholarship program to a total of 15 high school students in grades 10, 11, and 12 in New York, New Jersey, and Illinois. The SAT & ACT Scholarship Class is a program purposed on educating and encouraging motivated but financially disadvantaged young students to enhance and excel in test prep skills and academics during the summer vacation. The Prestige Institute provided educational services, test prep materials, and teaching staff. Shelby Kim and Ellie Chung served as Volunteer Teaching Assistants for AWCA.



Rebecca An



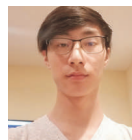
Phillip Cho



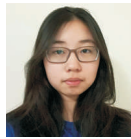
Brian Choi



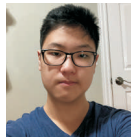
David Jin



Daniel Kim



Rebecca Kim



DoKyung



Austine Lee



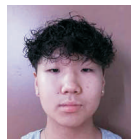
Jasmine Lee



Jisu Lee



Madison Lee



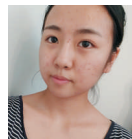
Noah Lee



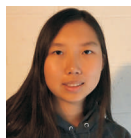
Juddy Nam



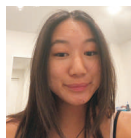
Jean Park



YeJi



TA  
Ellie



TA  
Shelby



Teacher  
Mike Kim



Teacher  
Holly Na



Teacher  
Maui Pk

Students were required prior enrollment to complete and submit an application form, essay writing, household income tax copy attached survey, and a deposit of \$300 to be returned in full pending satisfactory completion of the program. Every student received either full or partial scholarships, but free tuition was offered to every eligible student.

## David Jin, 2020 SAT & ACT Scholarship Class Attendee, 10th grade



I am very grateful for the opportunity that AWCA has given me despite the fact that I was away from New Jersey and my close friends and family members during summer vacation; I was worried about how to find assistance financially with my SAT prep. The AWCA SAT & ACT Scholarship Course is an amazing program that gives students the opportunity to learn and improve together. Since I was not able to physically attend classes, I was able to receive the help that I needed through the online Zoom classes. Even though online classes proved to have some

difficulties compared to meeting in person, the teaching staff was extremely well prepared and made the process of online learning easy. In my personal experience, the teachers and teaching assistants were caring, accepting, patient and kind. Thanks to their dedication, I am happy to say that my SAT score has improved significantly after the six week program. It was also a great opportunity to connect with fellow high school students in different districts and establish relationships with my mentors and peers. As someone who lived in Chicago, Illinois at the time and was in no way obligated to join the program, I feel blessed and thankful to God to have had the opportunity to be accepted into the program. Thanks to Prestige Institute and AWCA for the rewarding experience of gaining higher education! If given the chance, I would love to participate in this SAT summer class once more.

# Asian Senior Activity Center

The mission of the Senior Activity Center is to promote healthy aging, independence, and the well-being of seniors with the love of Christ through health, educational, cultural, and recreational programs and services.

1. All programs in AWCA Senior Activity Center are related to the prevention of dementia.
2. Help to improve seniors and their families' SIX POINTS OF WELLNESS holistically.



The 2020 fall semester of the senior center opened ONLINE due to Covid-19 Pandemic. Here are the current programs for seniors. We will open other online live classes for the seniors.

## ONLINE LIVE CLASS

1. Hello, Humanities (Daewoo Park) Mon 10 am
2. AWCA Service & News (Rev. Crane Kim) Tue 10 am
3. Visiting the Cities in the Bible (Rev. Sun Ju) Tue 11 am
4. Japanese Senior Meeting (Irene Fan) Wed 10 am
5. Chinese Senior Meeting (Rebecca Geng) Fri 10 am

## AWCA LIFE (Youtube Channel)

The 2020 fall semester of the senior center utilizes AWCA LIFE Channel for seniors staying at home to practice everyday and to give vitality.

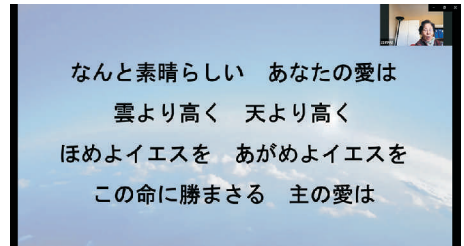
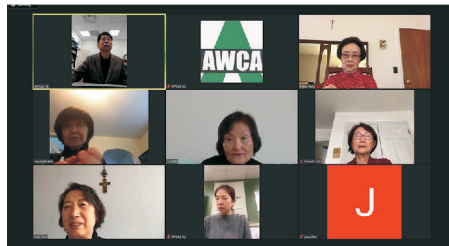
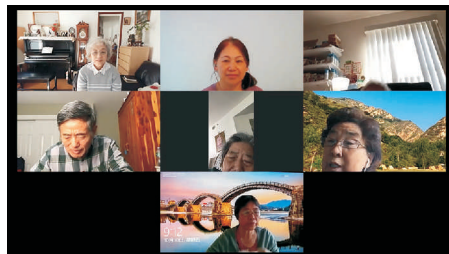
1. Watch the videos (Line Dance, Yoga, Tai Chi) and practice daily.
2. Watch and listen to the Health seminars (Dementia/Dental)
3. Watch other videos in AWCA LIFE (Social Welfare News, Social Service Consulting, and Her Story)

## Bergen County Lunch Delivery

AWCA has delivered lunch to seniors once a week. It is the lunch senior members have had at the center, offered by the Bergen County.

Every Wednesday for Korean seniors  
Every Thursday for Chinese and Japanese seniors  
Volunteer Needed for packaging and delivering

INFO: 201.862.1665

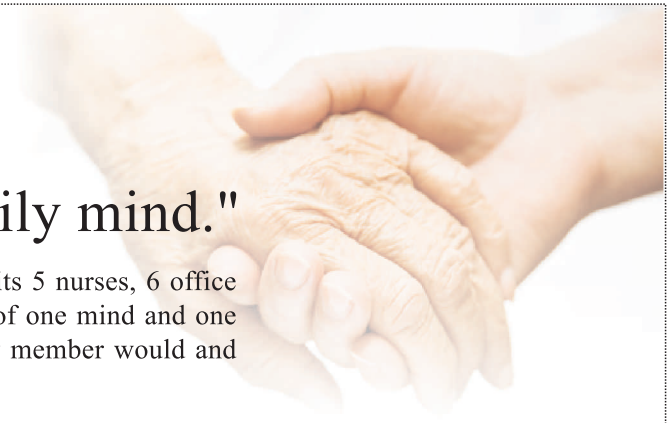




# Home Care

"We provide care with a family mind."

This is the motto with which the AWCA Home Care and its 5 nurses, 6 office staff, and 161 CHHAs care for their patients. The team is of one mind and one mission, empathizing with the patient's pain like a family member would and caring for each person with humility and compassion.



## Continued Advancement

Eighteen years ago, the AWCA Home Care was the first agency of its kind in the northeast region to be established within a Korean organization. The program first began with eight patients under its care and has since grown to serve 315 patients through the care and expertise of 171 certified home health aides (CHHA). In 2006, the program expanded by establishing its Chinese department, thereby becoming a homecare program for the Asian community. The program continues to show continued progress and advancement to this day.

## Home Health Aide Education

In 2004, AWCA Home Care was certified by the government of New Jersey to provide home health aide certification training. Since then, the AWCA Homecare program has trained and certified over 545 CHHAs. The certification program is provided in both Korean and Chinese and requires a total of 76 hours of training. After successfully completing the course, trainees must pass a qualifying exam, which is also offered in both Korean and Chinese. CHHA training is provided quarterly each year and takes place over the span of two weeks.

## During the COVID-19 Pandemic

1. Due to COVID-19, the 58th Home Care Aide Training session in April was canceled. Even though many prospective participants inquired about the session, the training was canceled in compliance with the administrative order of the state government of New Jersey.
2. In-service training was modified into Self-Study.
3. For better patient care, PPE materials were provided to all the Home Care participants.



*Finally, AWCA Home Care sincerely appreciates all of our Home Health Aide employees and staff for their utmost caregiving.*

# AWCA Launching YouTube Channel - AWCA Life

For celebrating and commemorating its 40th anniversary, AWCA launched its YouTube channel "AWCA Life."

Congratulations on the 40th anniversary of serving the local community with women's leadership, and thank you to the supporters, volunteers, and members who have been with AWCA. We look forward to the 40th anniversary of 'Serving for the Future centered on the Practice of Love in Action.' We serve every individual in need, within and beyond Bergen County, New Jersey. We look forward to your continued interest and support.

## How to watch AWCA Life:

1. Go to the AWCA homepage and click the first screen, AWCA Life Banner.
2. Open YouTube and type AWCA LIFE in the search bar to enter.
3. Type [www.youtube.com/awcalife](http://www.youtube.com/awcalife) to be directed to our channel.
4. Call AWCA and we will assist you with accessing our page.

## PROGRAM DESCRIPTION

### 1. Social Welfare News

AWCA LIFE Team and Anchorwoman Mi Kyung Je bring you featured news updates weekly on various social welfare services and programs, from 2020 Census to COVID-19, NJ Unemployment, 2020 Election, and more.



### 2. AWCA Classroom - Line Dance & Yoga

**Line Dance** - AWCA Dance Instructor, Ann Choon Lim, teaches easy line dances to exciting songs for beginners to experienced people. Follow at home daily, boost your mood and get your body moving.



**Daily Stretching & Yoga** - AWCA Yoga Instructor, Joan Lee, teaches full-body stretches. Follow at home or work daily to stimulate the brain and body for a more happy, energetic and productive day.



### 3. Social Service Consultation

AWCA President, Mi Kyung Je, consults weekly with Social Welfare Counselor, Frank Lee, about Seniors Assistance, from pharmaceutical aid and retirement help to mortgage, Medicare, Medicaid, and more.



#### 4. Her Stories (Volunteerism)

AWCA Executive Director and President, Jasmine Mi Kyung Je, AWCA Chair Julie Dines, and AWCA Board of Directors members introduce their volunteerism stories serving for the future and love in action at Asian Women's Christian Association under women's leadership.



#### 5. Health: Dementia & Dental

**Health & Dementia Prevention** - AWCA President, Mi Kyung Je, speaks with Neurology Specialist of Englewood Hospital, Yoon Bum Choi, M.D., about health and dementia diagnosis, prevention, and treatment.

**Health & Dental** - AWCA President, Mi Kyung Je, speaks with Clinical Director of Englewood Dental Residency Program, Dr. Anna Hong, about health, dental care and dentistry.



#### 6. 2020 Census

AWCA staff and volunteers encouraged public outreach for the 2020 Census participation online, by phone, and in person as they delivered Angel Food Baskets during COVID-19, and opened mobile kiosks in five Bergen County towns of Ridgefield, Palisades Park, Cliffside Park, Edgewater, and Englewood.



# Social Welfare Radio Broadcast

## “Finding Happiness with AWCA”

AWCA is the first non-profit organization to launch its own radio broadcast four years ago. The purpose of the program was to spread out the services provided by AWCA to those who cannot access such benefits due to time and travel constraints. Since the year of 2018, we started a series of weekly broadcasts to focus on social welfare service. People living in New York and New Jersey have enjoyed listening to the radio broadcasting, visited AWCA for consultations, and received practical aid.

Especially during the height of COVID-19, we wanted to provide a resource for people to help ease the physical, mental and emotional distress caused by the global pandemic. We also addressed these novel day to day issues with assistance and care through the radio broadcast.

Every Saturday morning from 8:30 am to 9:00 am, we receive consultation request letters from listeners and work to solve their problems together. In the span of 52 weeks, 130 counseling cases were covered, and 320 people called AWCA through the radio broadcasting channel for specific answers. AWCA will continue to provide its social services through the broadcast and through in-person office appointments and by phone consultation from Monday to Friday, 9AM to 5PM.

The broadcast effectively brings AWCA's Social service programs into the homes of people living in New York/ New Jersey to help them manage healthy and happy lives.

- Every Saturday at 8:30am through K-Radio AM1660
- Program Host: Jasmine (Mi Kyung) Je, President of AWCA
- With Mr. Frank Lee, Social Welfare Professional
- With Dr. Edmund Kwan, M.D. (Dr. Kwan's Health Information)
- With Dr. Yun-Beom Choi, MD - Englewood Health (Beyond the Fear of Dementia)



Mi Kyung Je with Mr. Frank Lee

## 뉴저지 리지필드 거주, 콜택시 운전자로부터

주말 아침이면 어김없이 'AWCA 와 행복찾기'에 주파수를 맞추고 재미경씨와 프랭크 선생님의 목소리를 듣는 것이 즐거움이 되었다. 이곳에서 콜택시를 운전하면서 다양한 손님들을 만나는 것도 나의 즐거움이자 나를 사명감을 갖고 일하는 나의 일터이다.

주말아침 8시 30분이면 어김없이 흘러나오는 'AWCA 와 행복찾기' 에서 노후를 걱정하고 염려하는 사람들의 상담편지 내용과 그것을 속 시원하게 풀어주시는 프랭크 리 선생님이 너무나 고맙다. 다른 사람의 문제에서 나의 문제를 해결하고, 지역사회를 위해 계산없이 그저 열심히 일하고 섬기는 AWCA가 자랑스럽다.

나는 오늘도 손님을 기다리며, 나의 친구 'AWCA 행복찾기' 방송에 귀를 기울인다.

Thank you AWCA!



# In Loving Memory of Kihwa Kwak



This year, many of our loved ones have left us due to the COVID-19 global pandemic. AWCA also experienced the significant loss of Ms. Kihwa Kwak, our beloved friend, supporter, volunteer, and generous donor and founder of the Ki Hwa Scholarship.

Born March 10, 1934, the late Ms. Kwak worked as a registered nurse with 40 years of service. With all of the money she saved in her lifetime, she established the Kihwa Scholarship through AWCA 17 years ago to encourage and support notable students from financially disadvantaged backgrounds. Her mission was to subsidize the tuition of college and graduate students who experience financial difficulties in their studies.

Every year, AWCA's Kihwa Scholarship Committee selects two final recipients for the Kihwa Scholarship Award. The two students are awarded \$3,000 each, \$6,000 in total. Counting 2020, a total amount of \$102,000 scholarship has been awarded to 34 recipients.

After the late Ms. Kwak retired, she actively served at AWCA. In addition to numerous volunteer services, she

focused on nurturing and training home health aides at AWCA Home Care.

This past Mother's Day Sunday, May 10th, 2020, Ms. Kwak passed away due to coronavirus. The donor of the Kihwa Scholarship may no longer be here with us, but her love and spirit of service will remain forever in our hearts. AWCA will continue to honor her legacy and remember the will of the late Ms. Kihwa Kwak through the scholarship award.

## 2020 Kihwa Scholarship Awards

On September 12, AWCA selected two applicants, Ms. Pearl Parker, Cooper Medical School of Rowan University and Mr. Charles Kim, NYIT College of Osteopathic Medicine, for the AWCA 2020 Kihwa Scholarship Award in the amount of \$3,000 to each recipient. Every year, AWCA selects two final recipients for the Kihwa Scholarship Award.



Kihwa Scholarship Recipients with Board Members



### **Pearl Parker**, 2020 Kihwa Scholarship Recipient

Hi! My name is Pearl Parker. I am a first-year medical student at Cooper Medical School in Camden, NJ and I was the fortunate recipient of the AWCA Kihwa Scholarship Award for 2020. I am continually grateful for the AWCA scholarship as it has lightened my financial burden and has allowed me to focus my energy on learning and serving the community around me.

I am actively involved with two service programs at my school called Street Medicine and Homework Heroes. In Street Medicine, we provide outreach, support, supplies, and basic medical care to unsheltered individuals. It has been a humbling experience to walk through homeless encampments and be a part of making someone's day a little brighter by fulfilling even the simplest of requests like providing a handwarmer. This has been the bigger impact of AWCA's scholarship on my life and also the lives I hope to positively impact through my service.

# 2020 Census Report

In early October 2019, AWCA was designated as the official 2020 Census Public Outreach and Promoting Agency and received grants from the New Jersey State's Census 2020 Committee. Among 52 grantee organizations in NJ and 3 in Bergen County, AWCA was the only Asian-American nonprofit organization. From October 2019 to October 2020, AWCA headed the 2020 Census Project to promote the importance of the census counts and response to the community as follows:

## 1) Before the outbreak of Covid-19 pandemic

**(1) Organizing LCCC (Jan 2):** We organized LCCC (CCC AWCA) and joined LCCC (Bergen County) and CCC NJ to communicate and share information related to the census from A to Z.

**(2) 2020 Census Solution Workshop (Jan 29-31):** For three days with the help of Barbara Brown (CENSUS/NY FED), AWCA Census Project Director Crane Kim hosted and led the census workshop for three language groups respectively. (25 volunteers; 105 participants)

**(3) Census Job Fairs (9 times):** AWCA invited Mr. Kenneth Kim and his team from the US Census 2020 Recruiting Team to recruit census takers from Korean, Japanese, and Chinese volunteers.

**(4) Seminars on 2020 Census (8 times):** CCC AWCA educated senior members (Korean, Japanese and Chinese) about the census.

**(5) AWCA Census Kick-Off Ceremony (Feb 17):** AWCA invited key local figures in the census campaign including Bergen County Freeholder

Germaine Ortiz, President of Korean American Census Task Force Mr. Andrew Kim, and seven other speakers, Board of Directors, and Korean, Chinese, and Japanese senior volunteers. (40 guests)

**(6) Census Kiosk (Feb 17):** We launched four key kiosks in three different languages.

**(7) Volunteer Training (Feb. 25, 26, 27):** AWCA educated volunteers (Korean 20; Japanese 5; Chinese 9) about census information and how to encourage the participation in kiosks and other public places.

**(8) Census Outreach Seminars (Feb-March):** During this period, AWCA visited and gave some lectures on the importance of the census and distributed flyers, posters, census manuals, and promotional gifts.

**(9) Census Outreach Visitations (March 3 -21):** Visited 21 local churches, 7 public libraries, 4 community centers, and 5 shopping centers. (Distributed AWCA Census Brochure 3100 copies (Korean 8500 + Chinese 2500 + Japanese 2300); 30 copies of Census 2020 Posters; 2000 Census Pledge forms; Census Promotional gifts (3500 Key chain whistles/ 650 Shopping bags/ 1500 Hand sanitizers 1500/ 1500 Census badges 'I Counted', etc.)





**(10) Online Outreach:** Started census promotion through our homepage, email blasts, and SNS tools (Kakaotalk, Wechat, Line), and opened a Twitter, Facebook, and Youtube account. We had some technical assistance in filming and editing of our official census video from the Englewood Hospital technical team.

**(11) Broadcasting Outreach:** Happiness with AWCA (30 minute program once a week at AM 1660 Radio Korea Broadcast)



## 2) After Covid-19 Quarantine (Since March 16-June 21)

- (1) **Phone Banking (March-June):** “Tell the census to more than 5 people“ (At least 966 Calls)
- (2) **Email blasts:** Sending out letters about Census (9); Angel Baskets (3); Covid-19 & Census (5)
- (3) **SNS (Kakao Talk/ Wechat/ Line):** Census (17); Covid-19 (10); Angel Basket (2); Social Service Info (3)
- (4) **Radio Broadcasting Outreach:** Happiness with AWCA (Once a week at 1660 AM Radio Korea Broadcast)
- (5) **Angel Food Baskets Delivery (April-June):** 387 baskets with Census 2020 Flyers and Promotional Items

## 3) After Returning to Office (July-Oct)

**(1) Mobile Kiosk PUSH Events:** AWCA encouraged census participation with outreach events in towns with low response rates.

1. Ridgefield (Hanyang Mart) July 30
2. Palisades Park (City Hall) Aug 6
3. Cliffside Park (Center Building) Aug 20
4. Edgewater (Towne Center) Sept 3
5. Englewood (Health Dept.) + Free Drive Thru Flu Shot Clinic Sept 24
6. Englewood (Health Dept.) + Free Drive Thru Flu Shot Clinic Sept 26
7. AWCA Center (with MinKwon Center) July 23
8. AWCA Center (with MinKwon Center) Aug 13

**(2) Census AWCA CCC Closing Ceremony (Oct. 19):**



## 4) Final Response Results: 99.9%

- Nationwide (99.9%)/ Self-Response 67% +NRFU 32.9%
- New Jersey (99.9%)/ Self-Response 69.5% +NRFU 30.4%
- Bergen County (99.9%)/ Self-Response 76.1% +NRFU 23.8%

# Meet the **AWCA PEOPLE**



## **Crane Kim, Asian Senior Center Director**

One and a half years have passed since I joined the AWCA family. At first, I was hesitant about what the male pastor could do a department led by women, but I was deeply moved by the mission of "serving the community with the love of Christ". And since this is a ministry that serves the seniors, I was confident with God's good guidance.

Truly, I could feel that this is a place with God. It's because I could see all AWCA family of the board members, the staff, and volunteers in their respective places trying to practice the Christ's law, "Love one another." And I really liked the spiritual atmosphere where I could finish a day with prayer. I believe that this Christ-centered ministry will continue even after the 100th anniversary.

AWCA 의 식구로 들어온지 벌써 1년 반이 지나갔습니다. 여성들의 단체에 남성 목사가 무슨 할 일이 있을까 생각하며 주저하기도 했지만, “그리스도의 정신으로 세상을 섬기는” 사역에 감동이 되었고, 무엇보다도 시니어들을 섬기는 사역이어서 하나님의 선하신 인도하심을 확신하게 되었습니다.

무엇보다도, 저는 이사진과 스텝진, 그리고 각처에서 섬기는 봉사자들 모두가 한결같이 그리스도의 마음을 가지고 ‘서로 사랑하라’는 그리스도의 말씀을 실천하려는 자세를 보았습니다. 참으로 하나님께서 함께하시는 공동체구나를 느꼈습니다. 그리고 하루의 일과를 기도로 마칠 수 있는 귀한 영적 분위기도 너무 좋았습니다. 100주년이 지나도 그리스도를 중심으로한 이 사역은 지속될 것을 믿습니다.



## **Cindy Rhee, Volunteer**

I started volunteering in 2011 with "the 3rd AWCA Grace Hotline." Currently, in 2020, while I don't know when the Covid-19 pandemic will end, my volunteering journey is still ongoing. By the time I started volunteering, I was somewhat ignorant. However, the continuing educations and seminars at AWCA changed me and gave me the opportunity to develop myself. With such experience, I participated in the "AWCA Census 2020 Project" this year. And every Wednesday I have been packaging lunch to be delivered to Korean seniors' homes. What I have been doing is very simple and not great, but one day, I came to think of "Why am I doing these things for nearly 10 years?" The answer was that I myself felt rewarded and appreciated through the work. It was AWCA that taught me "Love and "Happiness." So I have continued to do the volunteering work until today, and will continue to do. Thank you AWCA!

저는 2011년 “AWCA 그레이스 핫라인 3기” 봉사를 시작하였습니다. 2020년 Covid-19 전세계적 전염병이 언제 종식될지 모르는 상황에서도 봉사자로서의 여정은 계속 진행중입니다. 처음 봉사를 시작했을 때 저는 참으로 무지한 상태였지만, AWCA에서 끊임없이 진행하는 교육과 세미나를 통하여 변화되고 스스로 발전하는 계기가 되었습니다. 그러한 변화와 경험으로 올해는 “AWCA Census 2020 프로젝트” 에 참여를 했고, 매주 수요일이면 한인 시니어들 가정애 배달되는 점심을 포장하고 있습니다. 제가 하는 일들은 아주 단순하고 그렇다고 위대한 일도 아닌데 어느날 문득 “난 왜 10년 가까이 이 일을 하고 있을까?” 하고 생각해 보았습니다. 그 답은 바로 나 스스로 ‘보람’ 과 ‘감사’ 를 깨닫게 되었기 때문입니다. 바로 AWCA 에서 ‘사랑’과 ‘행복’ 이 무엇인지 가르쳐 주었습니다. 그래서 봉사의 여정은 지금까지 이어져 왔고 앞으로도 계속될 것입니다.



# Meet the AWCA PEOPLE



## Rebecca Geng, Chinese Senior Program Coordinator

AWCA is always a good ground for seniors' life. In this pandemic period, it is hard for seniors to go out, so we gathered on Zoom every Friday morning for about one and half hours. We shared many news about Covid-19, helping each other for some problems. Many cooking recipes were welcomed, we sang hymns and songs together, shared pictures of friends and family members; especially stories and testimonies on how God led us through all kinds of situations. Thanking God everybody is healthy and peaceful. We wish we can learn more experience every day and keep a joyful heart always in the Lord's grace.

AWCA一直是我們年長者活動的好場所。這大半年因新冠病毒的隔離，年長者出門有諸多的不便，因此我們每週五上午有一個半小時的Zoom網上見面。大家分享了許多有關新冠病毒的預防和保護常識，也一起欣賞好的食譜。一起唱詩歌和聖詩，分享朋友和家庭成員的照片，有機會還去了公園一起散步。特別是一些故事和見證的分享，見證在這特殊時期神對我們的帶領和保護。感謝神，大家都平安和健康。我們希望每天都能學習一些新的知識和經驗，使每個人都有一個平穩喜樂的好心情。



## Shelby Kim, 2020 SAT & ACT Scholarship Class TA

This summer, I volunteered with AWCA's SAT and ACT program as a teaching assistant. I worked with kids from 9th to twelfth grade, proctoring tests and answering questions. I spoke with kids over the phone, as well as coordinating with Prestige, our partner in the program. Many kids' scores and confidence in taking the test improved, and the teachers and students worked hard together. I think that this program was an amazing thing, as there are so many students who struggle with testing or were just looking to improve, but weren't able to find a resource like this. The teachers really cared about helping the students, making themselves available for extra help. I think that people really got out of this program what they were willing to put in, and the students who put in hard work learned a lot. The AWCA staff was constantly working to make the experience better for the students, and our weekly meetings were a time to discuss what was going well and what needed to change. I am honored to have been part of this experience, to help students learn and improve, and to volunteer my time for the program.

올 여름 저는 AWCA의 SAT/ ACT 프로그램에 TA로 봉사했습니다. 9 학년부터 12 학년까지의 학생들에게 시험 감독을 하고, 질문에 대답하는 일을 했습니다. 저는 전화로 학생들과 이야기를 나누고, 이 프로그램의 파트너인 Prestige 학원과 협력했습니다. 많은 학생들의 점수와 시험에 대한 자신감이 향상되었고, 선생님과 학생들 모두 정말 열심히 노력했습니다. 시험치는 것에 어려움을 겪고 있거나 점수 향상을 바라는 학생들은 많지만, 이런 소스를 찾을 수 없기 때문에, 이 프로그램은 참 놀라운 것이라고 생각합니다. 선생님들은 학생들을 돕고 추가 도움을 받을 수 있도록 관심을 기울였습니다. 사람들이 이 프로그램을 위해 노력했던 것 이상을 완전히 얻었으며, 열심히 공부한 학생들은 정말 많은 것을 배울 수 있었다고 생각합니다. AWCA 직원들은 학생들에게 더 나은 경험을 제공하기 위해 지속적으로 노력했으며, 주간 회의는 무엇이 잘 진행되고 있는지, 무엇이 변경되어야 하는지를 논의하는 시간이었습니다. 저는 학생들이 배우고 점수를 높일 수 있도록 돕게 된 것과 이러한 프로그램에 봉사자로 제 시간을 쓰게 된 것에 대하여 무척 영광스럽게 생각합니다.

# Meet the **AWCA PEOPLE**



## **Waiying Yip, Home Care CHHA**

My name is Waiying Yip, a certified home health maker who has been working in AWCA Home Care Agency for 9 years, since 2011. Why did I choose AWCA and this job? On top of the flexibility of schedules that allows me to take care of my kids, there are also employment benefits such as health insurance and holiday bonus. The kind feedbacks from the office staff and friendliness of my co-workers create a warm working environment.

AWCA Home Care Agency gives more than what I was expecting. As for my job, I am honored to help elderly's daily activities, and improve their quality of life. Although it is not easy to satisfy every single person's needs due to various personalities and backgrounds, I believe my efforts to work hard and smart will continue to make positive impacts in my clients' daily life. It is satisfying to know that my clients can be less stressed and enjoy life more with my assistance. I enjoy my work now because my clients and I are more than friends, we are more like a big family.



## **Youjin Chung, Board Member**

My first involvement with AWCA was the floral preparation of the annual gala. All of the board members treated me so warmly, and it encouraged me to donate my time and ideas even though I felt lacking in talent and resources. The time I have spent with AWCA and the kind of work I have been doing here has been a significant foundation for my self-growth and relationship with God. I believe that through the community work and social services of AWCA, many people feel joy and relief, and even hope. Through weekly lunch deliveries to senior members this fall and angel basket deliveries to elders during COVID, upon seeing their gratitude and joy, the fulfillment of spreading love in the practice of action was the best reward I could receive. At any rate, I sincerely appreciate that my name was given value and potential by God, and I hope that as an AWCA Board member, my actions will inspire a motivation in people's hearts to contribute and serve the larger community. I believe we will pass through these dark times of COVID and reach the light at the end of the tunnel together. Thank you!

저는 연례 갈라 행사의 꽃 장식을 도우면서 AWCA에 처음으로 관여하게 되었습니다. 모든 이사님들이 저를 따뜻하게 해주었고, 그것이 달란트나 리소스 면에서 부족함을 느끼면서도 저의 시간과 아이디어를 쓰게 만들었습니다. 제가 AWCA와 함께 보낸 시간이나 여기서 해왔던 일들은 저의 자아 성장과 하나님과의 관계 형성에 아주 중요한 토대가 되었습니다. 저는 AWCA의 지역 사회 봉사 및 소셜 서비스가 많은 사람들에게 기쁨과 안도감을 느끼게 하고, 더 나아가 희망감을 가지게 한다는 것을 믿습니다. 올 가을 시니어 멤버들에게 매주 점심 배달을 할 때, 그리고 코로나 전염병 기간 동안 시니어들에게 천사 바구니를 배달할 때 받았던 그분들의 감사와 기쁨을 보고서, 저는 행동으로 사랑을 전하는 성취감이 얼마나 귀한 것인지를 깨닫게 되었고, 그것이 저에게 최고의 보상이 되었습니다. 하나님께서 제 이름을 가치 있고 소중하게 불러주셔서 진심으로 감사 드리며, AWCA 이사회 멤버로서, 저의 행동이 다른 사람들의 마음에 더 큰 사회에 기여하고 봉사하려는 동기 유발이 될 수 있기를 희망합니다. 저는 우리 모두가 코로나 바이러스의 어두운 시기를 지나 터널 끝에 있는 빛에 함께 도달할 것을 믿습니다. 감사합니다!

## Meet the AWCA PEOPLE



### Jongsook Lee, Volunteer

Nine years have passed since I completed volunteer training at the AWCA Family Counseling Center in 2011. I am grateful and pleased that I have been able to serve with others who share a common interest in the beneficial and informative work here. I am especially glad that I am able to help others by studying various topics, such as Mental Health, Suicide Prevention, Child Abuse and Neglect, and Dementia Prevention. The devastating COVID-19 Pandemic began paralyzing our community and daily lives little by little since mid-March, making spring, summer, and autumn feel like early winter.

On February 17, AWCA launched the 2020 Census Kickoff Ceremony under the slogan, "Serving for the Future," with the task team of volunteers. In the months following, we participated in census outreach events in Bergen County. I could personally feel the anxiety caused by the coronavirus at these events, which made it difficult to approach people. However, AWCA staff and volunteers pushed hard to promote the importance of the census and encourage participation. Through our dedicated efforts, fortunately, AWCA reached its desired 99.9% total response rate by the census deadline, which leads me to believe that even the smallest amount of service is still very valuable.

Out of all the places I volunteered, the one that impressed me the most was the last outreach event at the Englewood Health Department for the Free Drive Thru Flu Shot Clinic. Witnessing the overflow of vehicles that lined up for assistance, I felt very proud to be of active service working alongside the nurses and helping in any way I could. The event was a great success, and I was so happy to conclude the work together with my fellow volunteers and the staff of nurses. I wish the best of success and health to the AWCA staff and volunteers and hope for a better tomorrow.

2011년 AWCA 가정상담소 자원봉사 교육을 마치고 활동해온지 어느새 9년의 세월이 흘렀습니다. 이 곳에서 유익한 일에 동참하는 사람들과 공통분모를 갖고 기쁘게 봉사할 수 있었던 것에 감사드립니다. 특히 Mental health, Suicide prevention, Child Abuse & Neglect, Dementia Prevention 등 다양한 분야에 걸쳐 같이 공부하며 그것을 발판으로 제가 도움을 준 이웃들도 있습니다. 황망한 COVID-19 전세계적 전염병으로 3월 중순부터 사회가 전반적으로 조금씩 마비가 되기 시작.. 봄, 여름, 가을 어느새 초겨울에 이르렀습니다.

올해 2월 17일, 2020 Census를 위한 AWCA 자원봉사단의 출범식이 "Serving for the future" 슬로건 아래 공식활동을 시작한 후 몇 차례 아웃리치에 동참했습니다. 코로나 바이러스로 인한 사람들의 불안감을 몸소 느껴가며 나름 열심히 센서스에 참여를 유도하며 다행히 마감날까지 99.9% 참여율이라니, 미력하나마 작은 봉사가 참으로 값지게 생각됩니다. 마지막 아웃리치였던 잉글우드타운 보건국의 간호사들과 함께 Drive Through Flu Shot 행사에 넘치는 차량행렬로 홍보는 천군만마를 얻었고 엄지 척! 하며 마칠 수 있었습니다. AWCA에 몸담고 계신 모든 자원봉사자들의 건승을 기원하며 오늘도 힘찬 발걸음으로 보다 나은 내일을 소망합니다.



# Meet the **AWCA PEOPLE**



## **Irene Fan, Japanese Senior Program Coordinator**

I started volunteering at the Japanese senior center at AWCA in 2011. 2020 has been a very difficult year because of COVID-19. All activity stopped in March, and we could not see each other for seven months. We finally had a gathering at Overpeck Park in early October. We were thankful that our members were healthy and kept encouraging each other during this difficult time. We are able to have this relationship because of AWCA.

We now have a Zoom meeting every Wednesday. Our volunteers lead us in singing songs and doing physical exercises. Most importantly, we have started listening to the preaching of the gospel. Our three Japanese pastors take turns every week and preach to us. I really appreciate that AWCA keeps giving us this opportunity to care for seniors and show God's love in this difficult time.

私は2011年からAWCAの日本人シニアセンターでボランティアを始めました。2020年はコロナの為にとても厳しい年となりました。3月にはすべての活動が休止となり、その間ずっと会うことができませんでしたが、10月の初旬にやっと7ヶ月振りにオーバーペックパークで集まることができました。メンバーの皆さんと健康が守れたこと、この厳しい時期をみんなで励まし合ったことを喜び合いました。このような絆ができたのはAWCAのおかげです。

私達は現在、毎週水曜日にZoomで集会を持っています。ボランティアのリードで歌を歌ったり、エクササイズをしています。何よりもまずは福音のメッセージを聞くことから始まります。3名の日本人牧師が毎週交代でメッセージを語って下さいます。この厳しい状況の中でもAWCAがこのような機会を与えて下さり、神の愛をシニアの皆さんに示して下さい、心を感謝致します。





# Thank you note

## from ANGEL Food Baskets Recipients

"I volunteered to deliver a few Angel Baskets to single moms and their families with at least two children. I was a single mom while my children were growing up, so I knew how much those families appreciated the Angel Baskets. Many mothers lost their jobs and worried about daily meals for their families. I am thankful that the good hearts at AWCA prepared these baskets!"

저는 최소한 두 자녀가 있는 싱글맘들을 위하여 엔젤 바구니 배달을 봉사 하였습니다. 저 자신도 두 아이를 데리고 살아왔기에 이 가족들이 얼마나 감사할 지를 알고 있습니다. 어떤 엄마들은 일자리를 잃고 먹을 것을 걱정중이었습니다. AWCA의 따뜻한 손길들이 정말 필요한 것을 베풀었습니다!!

從天使食物分發籃接受者來的感謝信。  
感謝你們在這新冠疫情期間作的所有辛苦和努力，我非常享受你們從天使食物籃來的為我們大家預備的食物，我祈禱有一天我們能早日重新聚集在一起。  
祝大家健康和平安。

"Hello! Another new day has come. Thank you for bringing us so many food items today and caring about our health and safety. Your present is a blessing like meeting an angel coming down from Heaven! I wish that you receive overflowing blessings upon your helping and loving hands in this way."

보내주신 정성 정말 감사합니다.  
또 배달까지 해주셔서 감사합니다. 무서워서 마켓도 못 가고 또 이 와중에 냉장고가 고장 나서 여러 가지로 우울했는데 선물을 받으니 정말 감사합니다. 하나하나 신경 쓰셔서 담으신 손길에 다시 감사드리며 속히 AWCA에 다시 갈 날을 소망합니다. 모두들 수고 하셨습니다. - 시이이

ありがとうございます。エンジェルバスケットから届く食べ物をいつも美味しく、楽しく頂いています。この日々の中で一生懸命ご奉仕下さり、感謝します。一日も早くまたみんなで集まれる日が来ますよう、お祈り致します。」

저희 가족이 의료보험도 없는데 무료독감예방접종을 모두 할 수 있게 해 주셔서 정말 감사드립니다. 이렇게 좋은 일을 하는 AWCA가 있어서 정말 감사합니다.

"My family does not have medical insurance, so thank you for giving us the opportunity to receive free flu vaccinations. Thank you very much to AWCA for doing such an amazing job."

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Tel. 201-862-1665 E-mail : info@awcanj.org

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ASIAN WOMEN'S CHRISTIAN ASSOCIATION, INC.

# Statement of Activities

For the years ended

December 31, 2019 (1/1/2019 - 12/31/2019)

(Audited by KL CPA & Associates LLC)

## REVENUE

Contributions, Grants, and Other Income	\$ 263,174
Special Events	\$ 232,525
Program Income	\$ 17,632
Total Revenue	\$ <b>513,331</b>

## EXPENSES

Social and Community Service	\$ 102,623
Asian Senior Center	\$ 102,594
Adult Job Training and Education	\$ 82,125
Youth and Angel Korean School	\$ 61,701
Family Care Center	\$ 61,500
Management & General	\$ 37,206
Fundraising	\$ 72,239
Total Expenses	\$ <b>519,988</b>

**CHANGE IN NET ASSETS** \$ **(6,657)**

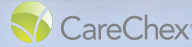




4개부분 최우수상 선정  
여러 서비스 분야 별 5개 획득



2019년 환자 안정성  
부문 상위 10%



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진료 청구서 문의

한인 전용 상담 전화  
예약 서비스  
한식 메뉴 제공  
다양한 분야의  
한인 의사 추천

한국 TV  
무료 검진 프로그램  
매주 오후 1시45분  
한국어 주일예배

만성질환 관리 교육  
(치매, 당뇨 등)  
몸과 마음의 전인적 치료를  
위한 다양한 행사 (힐링  
콘서트, 음악 콘서트 등)

### 최상의 시설

128년을 이어온 전통  
352개의 병상  
1,100명 이상의 전문의  
100명 이상의  
한국인 전문의

새로운 암 전문 센터  
새롭게 단장한 출산실과  
24개의 호텔급  
임산부 1인병실  
유방암 센터

방사선 치료 센터  
관절 치환술 센터  
심장/혈관 센터  
척추 치료 센터  
비만 치료 센터

대체 의학 센터  
무수혈 치료 센터  
물리 치료실  
수면 장애실  
신장 투석실

북부 뉴저지와 뉴욕 락클랜드 카운티 내에 100여 곳이 넘는 진료소에서 400명이 넘는 의료진이  
당신의 머리끝부터 발끝까지 모든 부분을 책임집니다. 의료진 정보는 833-234-2234로 전화,  
또는 웹사이트 [englewoodhealthphysicians.org](http://englewoodhealthphysicians.org)를 방문하세요.



ENGLEWOOD  
HEALTH



# 건강한 겨울보내기 체크리스트

날씨가 점점 추워지고 실내 활동이 늘어나는 계절엔 건강 관련 경계를 늦추면 안됩니다. COVID-19의 확산을 방지하기 위해 마스크를 쓰는 것과 같은 예방조치 외에도 건강을 위해 주치의와의 정기 검진도 잊지 마십시오.

여기 Englewood Health에는 당신과 당신의 가족의 건강을 지키기 위해 필요한 모든 검사 기구, 의료진 및 서비스가 준비되어 있습니다.

주치의를 통해 당신에게 필요한 검사가 무엇이 있는지 알아보십시오.

- |  |  |  |  |
|--|--|--|--|
| <input checked="" type="checkbox"/> 대장내시경  | <input checked="" type="checkbox"/> 정기 검진      | <input checked="" type="checkbox"/> 금연 보조 프로그램 | <input checked="" type="checkbox"/> 심장 검사    |
| <input checked="" type="checkbox"/> 전립선 검사 | <input checked="" type="checkbox"/> 당뇨 예방 및 관리 | <input checked="" type="checkbox"/> 하지정맥류 검사   | <input checked="" type="checkbox"/> 독감 예방 주사 |
| <input checked="" type="checkbox"/> 유방암 검사 | <input checked="" type="checkbox"/> 뇌졸중        | <input checked="" type="checkbox"/> 자궁경부암 검사   | <input checked="" type="checkbox"/> 간염 검사    |